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CROWD FLOCKS TO CLINTON

About 2,000 people gathered to hear former U.S. secretary of state Hillary Clinton speak at the Winnipeg Convention Centre on Wednesday. Story, page 4. JOHN WOODS/THE CANADIAN PRESS

Most audit advice not yet in place

Policy. Thirty-six of 50 recommendations left languishing by end of 2014, says city official

Civic administration is moving slowly to follow advice from a trio of high-profile audits, the executive policy committee (EPC) heard on Wednesday.

City auditor Brian Whiteside reported only 14 of 50 recommendations made in the fire hall, police headquarters and real-estate management audits had been implemented by the end of 2014.

Mayor Brian Bowman said this was "deeply troubling," adding the public service "will make best efforts to ensure all council policies are complied with." He asked Whiteside to keep a close watch on the outstanding recommendations.

"Given the serious nature

CAO suspension extended

- EPC agreed to extend the suspension of former acting CAO Deepak Joshi by an additional 30 days.
- Council must decide to terminate or reinstate him by the end of the 30-day period. That could happen as early as council's next meeting on Jan. 28.

of some of the things we've learned from the audits, I'd like some verification that (recommended changes) have actually occurred," he said. "The public servants I've been working with welcome increased openness ... and want to work collaboratively with us."

COLIN EAST/FOR METRO

MORE EPC COVERAGE, INCLUDING THE LATEST ON THE CONVENTION CENTRE CONTROVERSY, PAGE 3

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Sears

Options for Carlton Inn site are 'bad and worse'

Convention Centre.

No decision made yet on \$3.75-million settlement or \$16-million 'holdback'



BERNICE PONTANILLA
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Despite grilling officials for hours Wednesday, the city's executive policy committee said it needs more information before making a decision on the hotel portion of the \$180-million Convention Centre project.

Bob Silver and Roger King of the Winnipeg Convention Centre board of directors and Angela Mathieson, newly hired president and CEO of CentreVenture, argued in favour of construction company Stuart Olson paying \$3.75 million in damages instead of a \$16-million payment "holdback" for not building a hotel at the site of the former Carlton Inn.

Silver said he recognized that council was being given options that are "bad and worse — pick one."

Mathieson said CentreVenture had a responsibility to find a developer for that site, which they'd purchased for \$6.6 million with the help of the city.

"We own the land; we had no obligations to the Convention Centre," Mathieson told media out in the foyer during an in-camera portion of the meeting.

"So we proceeded to look at our other options, and I



Angela Mathieson, who has spent only 13 days as president and CEO of CentreVenture, talks to reporters after being grilled by councillors Wednesday. COLIN FAST/FOR METRO

was clear I think we have a better option."

Mayor Brian Bowman promised Tuesday to put forward a motion for this to go to a request for proposals — but he instead proposed the

layover, which EPC backed unanimously.

Bowman also said he was not satisfied with the responses to questions he put to Silver, King and Mathieson. "We heard things today

that were news to members of EPC and are troubling," Bowman added.

A special meeting on the Convention Centre request will likely take place later this week.

Mayor's reaction

'Clear change' in openness

Mayor Brian Bowman didn't mince words during and after Wednesday's executive policy committee meeting on what he sees as "clearly a change in the administration, a clear change in our openness and accessibility."

What Bowman clearly sees as a problem at city hall, specifically real-estate transactions, is a failure to follow clear guidelines and policies.

"I laid it out in a public forum and I'll do it again now," Bowman responded to a reporter's question on the Carlton land situation.

"What we've learned is that the Convention Centre still has an agreement in place with Stuart Olson, and that agreement is conditional on council approval, and that approval has not occurred."

At the same time, CentreVenture signed an option agreement on the same land, and "that puts us in a very difficult decision," said Bowman, adding single-sourcing, as in not going to a request for proposals or even expressions of interest, will no longer be the norm at city hall.

"What may have been acceptable in the past is not acceptable on a go-forward basis," he added.

1 NEWS

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Education Minister Peter Bjornson said he wants to see a progress report on the province's recommendations by the end of June. SHANE GIBSON/METRO

Police. Red River College wants ex-president probed

Red River College's board of directors is asking Winnipeg police to look into allegations that the school's former president took marble from a school renovation project and had it installed in her home.

Allegations swirled last year that Stephanie Forsyth installed "scrap" marble from the Paterson GlobalFood Institute renovations in her kitchen.

"As of yesterday, the board made the decision to engage Winnipeg Police to undertake a review of the allegations," said Lloyd Schreyer, RRC board chairman.

"The board looked into this to the best of its ability but determined we do not possess the necessary legal tools to adequately conclude the investigation."

"The board will await the results. At this juncture, it is not appropriate to discuss this further until the review is complete and conclusive."

The statement came on the heels of a provincial review released Wednesday of RRC's financial and human resource practices.

The review revealed "weaknesses in compliance and integrity" in Forsyth's expense claims, which included some claims that did not have board approval and the fact

Quoted

"The board looked into this to the best of its ability but determined we do not possess the necessary legal tools to adequately conclude the investigation."

Lloyd Schreyer, Red River College board chairman

Forsyth sometimes reviewed and authorized her own expenses. Yet other claims were missing necessary documentation.

Some of those claims included golf shoes, her driver's licence, tickets to local events and an unnecessary trip to France with two staffers to try to join a culinary association, at a cost of \$11,500.

The report contains 45 recommendations, most of which involve tightening reporting procedures, and RRC has accepted all of them, said Education Minister Peter Bjornson.

"Government expects individuals entrusted with public funds to be responsible stewards of those funds," he said.

"Any misuse of those resources constitutes a betrayal of the public trust."

ELISHA DACEY/METRO

'Canada must fight terrorist propaganda'

Hillary Clinton. At a speech in Winnipeg Wednesday addressed extremism in the Muslim world

Former U.S. secretary of state Hillary Clinton is calling on Canada to continue fighting the "ideology of hate" and extremist propaganda fuelling terrorism.

Clinton told about 2,000 people at a Winnipeg Chamber of Commerce luncheon that the international community has to target material that is drawing radicals to the cause.

Everyone has a stake in the "contest of ideas and values," said the former senator and first lady, who pointed to the recent terrorist attacks in Paris and last year's storming of Parliament Hill in Ottawa by lone gunman Michael Zehaf-Bibeau.

"This is a generational challenge and it must be waged on many fronts," Clinton said. "It may seem very far away from Winnipeg, but ... it is a struggle that all of us have a stake in making sure that our side wins."

Extremism is hurting the vast majority of Muslims who are "peaceful and tolerant," she said.

"We can't close our eyes to the fact that, at this time in our world history, there is a distorted and dangerous strain of extremism within the Muslim world that continues to spread," Clinton said. "They have the capacity to cause profound damage, most especially to their own communities. With these vicious few, we are confronting an ideology of hate."

One of the best weapons in the fight against terrorism is democracy, Clinton suggested. She pointed to the outpouring of support from



Former U.S. secretary of state Hillary Rodham Clinton speaks at a Winnipeg Chamber of Commerce luncheon Wednesday. JOHN WOODS/THE CANADIAN PRESS

millions following the attacks in Paris.

"Extremism, authoritarianism, Putinism — none of them can compete with democracy at our best. The future is ours if we come together, live our values and understand that we have to export those values."

Clinton's speech in Winnipeg, to an audience who paid \$300 a ticket, came the day after President Barack Obama's state-of-the-union address.

There is wide speculation she will take another run at the Democratic presidential nomination. She ran un-

successfully against Obama in 2008 and was appointed secretary of state during his first term as president.

On Wednesday, Clinton continued to be coy, calling a question about what she would do as president "hypothetical" to laughter from the audience. THE CANADIAN PRESS

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Divine talents join forces for stage show

Life, Death and The Blues. Raoul and The Big Time hits the stage with soul singer Divine Browns at Prairie Theatre Exchange

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Tickets for the performance are \$37-\$49 and are available at pte.mb.ca or by calling the PTE box office at 204-942-5483.

way of his big brother's Jimi Hendrix records while growing up in Ottawa.

"I heard a few Hendrix songs that were basically blues covers, like Hoochie Coochie Man," said Bhaneja, referring the blues standard written by Willie Dixon and first recorded by Muddy Waters.

"I heard it and was like 'What is this music? This doesn't sound like Hey Joe or Bold as Love.'"

Joining Raoul and The Big Time in Life, Death and The Blues is Juno Award-winning soul singer Divine Brown, whom Bhaneja calls "the greatest female singer I've ever been on stage with."

A different Winnipeg blues musician will also join Bhaneja and company on-stage for every performance, with Big Dave McLean kicking off the run.

The hybrid concert/play opens Thursday at Prairie Theatre Exchange and runs until Feb. 8.



BACKSTAGE PASS

Jared Story
winnipeg@metronews.ca

Raoul Bhaneja, a Toronto-based actor and blues musician, said he had the idea for Life, Death and The Blues about 15 years ago, but the show didn't find its rhythm until he became less focused on the personnel, and more focused on the personal.

"I started off wanting to tell the story of a genre and the different people inside it, but I found I wasn't able to make it work that way," Bhaneja said. "We'd do these

workshops and get feedback from the audience, and the thing that kept coming up was 'What's your deal? You're this half-Indian, half-Irish guy who is Canadian, how did you get into all this stuff?'

"Over the years I realized the only story I had authority to tell was my own. As much as I love the blues and love these great musicians that helped create it, that's their story. The story the audience wants to see is the story of the person standing right in front of them."

Bhaneja, a harmonica player and frontman of Raoul and The Big Time, was introduced to the blues by



Life, Death and The Blues stars Raoul Bhaneja, centre-left, and Juno Award-winning soul singer Divine Brown.
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Local realtors' group forecasts balanced '15 housing market

Breakfast summit.

Good news for all who feel they can't afford a home: Analyst



SHANE GIBSON

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Winnipeg's real-estate market has looked a lot like the movie Groundhog Day over the past couple of years, and its going to be the same thing all over again for the coming year, according to WinnipegREALTORS.

WinnipegREALTORS MLS market analyst Peter Squire told those gathered at the association's 2015 forecast breakfast on Wednesday that he predicts home sales and home prices will remain flat or at best see a two per cent increase.

"It's a far more balanced market than we've seen in years," he told Metro. "It's a good news story for anyone who was feeling (that) everything's getting too expensive...."

"In the Winnipeg market, we can tell you that in my view it's certainly more affordable than many other markets."

WinnipegREALTORS numbers show the average price of a home in Winnipeg inched up from \$283,903 in 2013 to \$288,486 last year.

Squire sees a little more growth in the city's condo market in 2014, forecasting a two to four per cent increase in condo prices over the next 12 months.

The average cost of a condo in Winnipeg rose slightly last year from \$234,110 in 2013 to \$239,171.

Squire's forecast for a balanced year in Winnipeg fit into what the breakfast's guest speaker Benjamin Tal, deputy chief economist for CIBC World Markets Inc., said he sees coming for housing markets across Canada over the next few years.

"This market will be tested, but this test has been postponed until maybe 2016 or 2017," he said. "Prices eventually will go down, but probably not in the near future."



Benjamin Tal, deputy chief economist for CIBC World Markets Inc., was the guest speaker at the WinnipegREALTORS 2015 Forecast Breakfast on Wednesday.

SHANE GIBSON/METRO

Woman guilty of lesser charges for running over, killing man

A jury has found a Winnipeg woman guilty of manslaughter for using a minivan to run over and kill a man during a street brawl.

The woman, whose identity is protected because she was 17 at the time, had been charged with second-degree murder in the August 2011 death of Marcel Murdoch.

Jurors found her not guilty of attempting to murder the 40-year-old man's son, Craig Hanslip, outside a house party but instead convicted her of criminal negligence causing bodily harm.

The panel returned with the verdict late Tuesday night after a full day of deliberations.

The woman admitted she was behind the wheel when the minivan struck the men but testified in her defence last week that she was afraid of getting hurt in the melee and didn't see them.

Sentencing will take place at a later date.



The woman who was behind the wheel of the minivan in the background has been convicted of manslaughter and criminal negligence causing bodily harm for her actions during a brawl in 2011. JAMES TURNER/METRO FILE

Court was told that just before the men were struck, witnesses saw Hanslip and the accused ramming each other's vehicles. Hanslip jumped out and was standing beside his father when they were hit.

Murdoch died at the scene,

and his son suffered injuries that left him with permanent disabilities.

The Crown argued the woman intentionally targeted the men after a series of altercations between the victims and her boyfriend.

The confrontation happened during violence that spilled out of the party. Witnesses said at least 10 people who were involved used bricks, hockey sticks and bear spray as weapons.

CJOB/THE CANADIAN PRESS

Garry Street. Police seek help identifying body

Winnipeg police say they need locals' help identifying a man who died behind a downtown hotel last week.

The man was found dead behind the Garrick Hotel at 287 Garry St. on the afternoon of Jan. 12.

Police do not suspect foul play, but they have been unable to identify the man, who they say had no past dealings with police.

The man is described as white with tanned skin, be-

tween 50 and 60 years old, very slim, about six feet tall and weighing 125 pounds. He was missing some teeth, had brown eyes and medium-length brownish-grey hair, a moustache and a light one-inch scar on his forehead.

He was also wearing a pair of glasses, a pair of AVIA white sneakers and a Ferretti Quartz watch.

Anyone with any information is asked to call police at 204-986-6250. **METRO**

William Whyte

Girl attacked on her way to school

Local police say a 12-year-old girl was attacked by a man as she was walking to school in the William Whyte neighbourhood on Friday.

The girl was reportedly walking to school on Worth Street at about 9:30 a.m. when she passed a man standing in the back lane behind Lincoln Avenue.

The man called out to her,

but when she ignored him, the man grabbed her from behind and began physically assaulting her. He was carrying a weapon, say police.

The girl screamed, and the man ran eastbound down the back lane. The girl suffered minor injuries.

The man is described as white, 30 to 40 years old and six feet tall with a skinny build, short dark hair and a deep voice. Police said he was wearing black sweat pants, a black hoodie and a black ski mask. **METRO**

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Mounties will conduct review of interactions with shooter: RCMP

Mountie shooting.

Alberta officials hope to uncover whether anything could have been done to keep Rehn off the streets

An Alberta RCMP official says the Mounties will carry out their own review of their interactions with the man who shot two officers.

Assistant Commissioner Marlin Degrand says the force wants to know if there's anything it could have done to help keep Shawn Rehn off the streets.

"We're very concerned about the fact that an individual with his criminal history came into contact with our officers," Degrand said Wednesday at an RCMP news conference.

"And we are actually ... undertaking to unpack all of our interactions with this individual to see if there's anything ... that we could have done that could have helped to avoid him continuing on this career path of being a criminal."

Alberta's justice minister



Const. David Wynn
RCMP/THE CANADIAN PRESS

also ordered a review Wednesday into how the Crown handled the career criminal.

Jonathan Denis said the review will be done in addition to any fatality inquiry that may be called.

Rehn, 34, was found dead of an apparent suicide in a rural home not far from the casino.

Const. David Wynn, 42, died in hospital Wednesday from a head wound. He never regained consciousness after he was shot.

Auxiliary Const. Derek

Bond, 49, faces a long recovery at home after being shot in the arm and torso.

RCMP Commissioner Bob Paulson, commenting on the shooting on Sunday, was one of the first to question why Rehn was still on the streets. He said he had never seen such a complex criminal record.

"The pain caused by this tragedy to the officers, their families and colleagues and the community as a whole is nothing short of profound," he said.

"The multiple agencies that are involved are asking a question: could this incident have been prevented? That's a question that I ask as well."

Documents show Rehn was a violent criminal, in and out of jail for crimes that stretched back to his teenage years.

Rehn's adult criminal record, made public this week by Alberta Justice, details a lengthy list of 57 convictions, starting in April 1999 when he was ordered jailed for two months for theft and breaking-and-entering.

Parole-board documents show Rehn served two federal jail terms as an adult.

THE CANADIAN PRESS



RCMP Assistant Commissioner Marlin Degrand walks past a memorial for Const. David Wynn after speaking about his passing in Edmonton on Wednesday. Wynn suffered a gunshot wound to the head early Saturday morning and never recovered from his injuries. JASON FRANSON/THE CANADIAN PRESS

Dangerous-chemicals suspect suffered marital, financial woes



Firefighters attend a residence in Grand Desert, N.S., where a large quantity of chemicals were found on Wednesday. Police have not identified the chemicals. An explosive-disposal unit, forensic-identification experts and hazardous-material crews were called in to investigate. ANDREW VAUGHAN/THE CANADIAN PRESS

Christopher Phillips, arrested Wednesday after the dramatic overnight evacuation of two areas in Halifax where police found a large quantity of mysterious chemicals — some of which they've described as "volatile" and "dangerous."

Police in Ottawa carefully and quietly evacuated the hotel under cover of darkness before arresting the man without incident Wednesday morning. Phillips has not been charged.

Neither the RCMP nor Ottawa police have identified Phillips — an ophthalmologist by trade — but the manager of his ex-wife said police told her

part of an overnight investigation linked to the evacuation of two areas in Halifax where police found a large quantity of mysterious chemicals — some of which they've described as "volatile" and "dangerous."

Police in Ottawa carefully and quietly evacuated the hotel under cover of darkness before arresting the man without incident Wednesday morning. Phillips has not been charged.

Neither the RCMP nor Ottawa police have identified Phillips — an ophthalmologist by trade — but the manager of his ex-wife said police told her

the suspect's identity.

Nick Furriss said Shannon Miller, a former Olympic gymnast for the U.S., was told by police that her ex-husband was arrested in the incident.

"Upon hearing the recent news surrounding Christopher Phillips, my prayers immediately go to the safety of those around him," Miller said in a statement.

"I'm thankful that the brave men and women of the Ottawa police department and other law-enforcement agencies were able to apprehend him and defuse the situation."

Phillips and Miller were married in a lavish ceremony in Oklahoma City in June 1999. The nuptials — covered by People magazine and the television show Extra — featured many of her teammates from the squad that won the gold medal at the 1996 Olympic Games in Atlanta.

The marriage lasted only seven years. Miller filed for divorce in May 2004 in Massachusetts, a case that dragged on for two years. In 2008, Phillips closed his laser eye surgery business in Seattle and filed for bankruptcy. THE CANADIAN PRESS

Travel

Pair used coat to conceal sex act

A flight attendant told the trial of a woman accused of committing an indecent act on a Toronto-to-Halifax flight that the woman and a man used a coat to cover their laps and fondled each other.

The trial for 25-year-old Alicia Elizabeth Lander got underway Wednesday at Dartmouth provincial court. Lander has pleaded not guilty to committing indecent acts, assaulting a police officer and to two additional charges. Jason Chase, 39, was also charged and pleaded guilty. THE CANADIAN PRESS

Royal Bank of Canada

Ex-employees abetted theft: Bank

Royal Bank of Canada is accusing two former employees who worked at a Vancouver branch of orchestrating a pair of robberies worth more than \$200,000.

The bank has filed a civil

suit in B.C. Supreme Court, alleging Jeffrey Ho Nam and Maradona Hoang Vu helped an accomplice steal more than \$180,000 and \$20,000 US from a vault.

A statement of claim says the first theft occurred on Dec. 30, 2013 and the second happened on Jan. 31, 2014. THE CANADIAN PRESS

Hidden in the cushions

Service dog sniffs out fugitive

Police in Vancouver nearly gave up their search for an Alberta fugitive until a service dog sniffed out the man's hiding place — inside a couch.

As Lupo began focusing on a couch in the living

room of a home on the city's east side, officers, who had looked high and low for their suspect, lifted the rather heavy piece of furniture and removed the fabric from the bottom. Police say they discovered 36-year-old Adam Harlock nestled in a cavity of the couch.

THE CANADIAN PRESS

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Chocolate

Cadbury Creme Egg recipe to stay same in Canada

Chocolate lovers are crying fowl over word that the recipe for the iconic Cadbury Creme Egg is being changed in the U.K. But Canadian Cadbury fans need not



ISTOCK PHOTO

worry: a spokeswoman at the Mondelez Canada office said the Canadian recipe won't be affected.

Creme-egg aficionados began protesting on social media when global snacks company Mondelez International announced that this year's batch for the U.K. will be made with "standard cocoa mix chocolate" instead of Dairy Milk chocolate.

THE CANADIAN PRESS

New Brunswick

Three companies face charges over 2013 bird deaths

Three companies now face charges after about 7,500 migrating birds were killed in 2013 when they flew into a flare burning at a natural-gas facility in Saint John, N.B. Canaport LNG LP

was charged with three violations in October 2014. Irving Canaport GP Company Ltd. and Repsol Canada Ltd. now also face those charges under the Migratory Birds Convention Act that prevent anyone from depositing a substance harmful to migratory birds. They are also charged with killing Canada warblers under the federal Species at Risk Act. THE CANADIAN PRESS

Mortgage costs will decline: Economists

Interest rate. BoC's policy change could spur debt-burdened Canadians to borrow even more money

Canadian homeowners have likely gained a reprieve from an expected increase in mortgage rates this year.

Economists expect rates to dip slightly in response to the Bank of Canada's surprise move Wednesday to cut its trend-setting interest rate to 0.75 per cent, from one per cent, to soften the blow of dropping oil prices on the Canadian economy.

"This signals that low interest rates will be with us a while longer," said Avery Shenfeld, chief economist at CIBC World Markets, noting the central bank's rate cut will likely mean a corresponding 0.25 drop in variable, or floating, mortgage rates.

Fixed-rate mortgages are also likely to see a slight decline, as they follow bond yields, which will move lower in response to the rate cut.

However, TD Bank was quick to announce Wednesday that it will maintain its prime interest rate at three per cent, noting that factors beyond the central bank influence its rates.

"Not only do we operate in



The rate cut is expected to lead to decreased mortgage rates, which could boost sales and prices of homes in Canada. However, economists fear it may also spur Canadians, who have been criticized previously for holding record levels of debt, to borrow more money. TORSTAR NEWS SERVICE FILE

a competitive environment, but our prime rate is influenced by the broader economic environment and its impact on credit," the bank said in a statement.

Although cheaper mortgage rates are likely to buoy real-estate markets in Central and Atlantic Canada, TD economist Craig Alexander says the impact of oil prices will trump interest rates in Western Canada.

"I think it's inevitable that you're going to see a pullback in sales and a softening in price growth in real estate in oil-rich provinces because, at the end of the day, income

growth in those provinces is going to be a lot less," he said.

However, the rate cut may also spur Canadians, who have been criticized previously by the Bank of Canada for holding record levels of debt, to borrow more money.

"I think in the Bank of Canada's eyes right now, it's a lesser of two evils," Shenfeld said. "They've shown discomfort with the amount of borrowing Canadians have done, but the economy right now can't afford to shut the tap off on that if we're not getting the lift to growth from the energy sector."

THE CANADIAN PRESS

Internet. 4chan founder retiring

The American founder of the popular, if at times notorious, online message board 4chan is retiring as its administrator.

Christopher Poole launched the site in 2003 when he was 15 years old. 4chan lets users post messages and photos anonymously. Since its launch, 1.7 billion posts have been published on 4chan.

It has more than 1.2 million daily visitors, Poole said.

Poole, known on the site as "Moot," said in a post on 4chan's news blog that a team of volunteers will take on his responsibilities. He said running the site on his own has been challenging and 4chan will continue without him and that he will take time

away to decompress.

The site is where hackers deposited nude celebrity photos over the summer. It's also the birthplace of the hacker collective Anonymous. Over the years, 4chan has been called a home to cyberbullying as well as do-gooder vigilante justice.

THE ASSOCIATED PRESS

Streaming TV. Apple shuts out apps

Read through the tweets posted by CraveTV and Shomi and you'll see suggestions that users might finally get Apple TV apps to access the Canadian streaming services.

If it was up to Bell Media, CraveTV would have launched with an Apple TV app, so users could stream content to their big-screen TVs easily.

But Apple didn't allow it to happen.

"I'd love to say we have an app coming on Apple TV, but we don't. This is Apple's strategy," said Jon Taylor, vice-president of digital products

AirPlay

CraveTV supports Apple's AirPlay technology, which allows users to beam content from their Apple devices to an Apple TV. Shomi does not support AirPlay but does have an Xbox 360 app that facilitates streaming on a TV.

and strategy for Bell Media, at the CraveTV launch.

While Apple openly welcomes software developers from around the world to cre-

ate apps for its iPhones and iPads, only a small club of companies have been given access to the Apple TV platform. Netflix is among them, to the frustration of Bell Media and Shomi's parent companies Rogers and Shaw.

At CraveTV's launch in December, Taylor had targeted the early part of this year for integration with Google's Apple TV competitor, the Chromecast.

He also said Roku devices will be supported "this year for sure."

THE CANADIAN PRESS

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VOICES

TOUGHER THAN A MUDDER

While events like Tough Mudder sell pain and injury in a fetishized, almost satiric way, the lived experience of the mud runs goes far deeper than mere masculine showmanship

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Electroshock Therapy, Ring of Fire, Arctic Enema: these sound more like incidents redacted from the Senate Torture Report than recreational activities taken up on a volunteer basis. But for Tough Mudder participants, that's kind of the point, in both prosaic and profound ways.

With challenges like crawling under barbed wire, running up and down hills for kilometres and swimming completely submerged in ice water, organizers for the already-grueling obstacle course announced recently that they are upping the ante this year by adding a tear-gas component.

Margaret MacNeill, a professor who studies the social and cultural aspects of sports and activity through the University of Toronto, says Tough Mudder getting even tougher is a push-back against a risk-averse safety culture that has crept into the rest of our recreational activities.

"Events like Tough Mudder have become popular in a culture where sports are one of the last bastions of masculinity," she says. "I suspect the lack of hesitation to entering — when most adults likely anticipate pain, agonizing eye irritation and potential injury while blinded — has lots to do with masculinity in risk sports and/or using these events to prove 'rugged individualism,' regardless of gender."

She says we can see this when we look at the public debate surrounding hockey concussions. "In the past, it was this unfettered culture of risk: you know, kids can take it;



Tough Mudder events are rife with militaristic metaphors, among others. GETTY IMAGES

boys can take it harder," she says. "Now what we see is that, as people worry about all the long-term health issues, hockey is being renegotiated into a culture of precaution."

Gavin Weedon, a PhD candidate at the University of British Columbia whose research looks at mud-running events like Tough Mudder as part of a renaissance of physical culture, agrees Mudder taps into the desire for risk and masculine bravado,

but says the practice can also act on a far more profound level. "One of my most interesting findings is that these events act as material infrastructures, and potent metaphor, through which some people confront and overcome physical and emotional traumas sustained beyond the confines of the course."

In other words, perhaps the reason it sounds like torture is because, on a per-

sonal level, by forcing participants to confront and relive pain in their lives, it can seem close to it. Weedon stays away from the torture metaphor but says many participants have described the practice in therapeutic terms.

"A friend of mine injured her back in a car accident and chronicled her recovery through training for, and participating in, Tough Mudder, alongside friends and family. These aren't the most common stories, perhaps, but they are among the most intriguing."

While Tough Mudder promotes a "tough guy" image, this isn't necessarily the intended audience. Weedon says the run aims to reach "urban white-collar professionals and young people, especially men, with disposable income and recreational time to do something like this." While all types might show up to events, "white men are consistently well-represented."

It is significant then, that the intermingling of growth and pain offered by Mudder and aimed directly at men has no shortage of decidedly feminine metaphors. One event is called Birth Canal, while the tear-gas portion, touted as the toughest obstacle yet, has been given the name Cry Baby. And a mudder, of course, is a mother.

Many people describe these events in torturous terms, but unlike actual torture, it is something people take on voluntarily and comes with great reward, much like childbirth.

And there is no mudder tougher than that.

WHY I'LL NEVER DO A MUD RACE



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"Hell no." This is my reaction every time someone says, "You should do Tough Mudder with us next year." No, no, no. Thank you, but no.

I don't hate exercise. I'll join the sweat-your-face-off-then-swoon-in-the-locker-room class at the gym or run home from work to save the transit fare. I don't balk at pain. I gritted my teeth through days of labour.

But I draw the line at the gruelling army boot camp that is Tough Mudder, because from what I can tell, it's five hours of torture followed by a flash of joy at the end. The hell-to-joy ratio just doesn't entice me.

I understand that people are driven to test their physical and psychological limits, to be able to boast, "I know what it feels like to get slapped in the face with an elec-

tric tendril, go down like a felled tree, then get up and keep going."

But no matter how euphoric it is to cross the finish line arm-in-arm with your battered, bruised and muddy compatriots, I'll still pass. I'll pass on the ice bath, the cleats in the face, the 17 lung-bursting kilometres running up and down a ski hill.

I have no burning need to see if I can tolerate tear gas, shimmy through a slimy narrow tunnel or run across kerosene-soaked flaming straw. I have no interest in proving I can do these things because, frankly, they sound horrible (and vaguely dangerous). And I don't thrill at doing horrible (and vaguely dangerous) things for fun on a Saturday. So this year, like last, I'll cheer my loved ones from the sidelines (or home, depending on the weather). I'll apply Tiger Balm to my husband's destroyed muscles and marvel at his strength and endurance. And I will regret nothing.



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I signed up for the Tough Mudder last summer because I like pushing myself. Doing something difficult requires a singular focus that my normal busy, multitasking day lacks.

Plus there's the pride thing. "This looks hard, Jess, do you think you can do it?" I ask me. "Ya damn right I can," I answer.

There was also this editor who has an enthusiasm for insane physical feats that is impossible to deny. He helped organize a group of colleagues, of varying levels of fitness, to do it together and agree to stick together, so no one would be left behind. So, it turned out that the Tough Mudder wasn't really about me or my limits. It was a group bonding thing.

In a big office, you don't really know the people who work in a different department,

BONDING OVER BRAVADO

on a different floor, but after they work together to boost your butt over a mud-slicked wall, you do.

When a colleague, friend or stranger on the course sees you at your worst — cold and tired beyond pride, mud-covered, out of breath, falling down, crying — and helps you with dignity, it's hard not to like them. On the Mudder course, there's always another obstacle, and you'll turn around and offer them a hand.

So if it sounds like a good idea, know this: yes, the electric-shock thing hurts like hell. The ice bath, not so bad. The obstacles are mostly fun; it's the hills that kill you. As for the tear gas, I don't know. Maybe I'll find out.

And those psychological studies that show pain promotes bonding — the sort of togetherness soldiers experience in basic training?

They're not wrong.

The Road to Ruin and back

Memoir. Marky Ramone chronicles his wild life drumming for the seminal punk band from New York

MARIANNE HAYES

Metro World News in New York

Drummer Marky Ramone may not have been a founding member of the Ramones, but his impact on the band's legacy — and the punk movement as a whole — is hard to deny. Even so, some critics still dismiss him for not being an "original" member of the iconic band.

"Being in the Ramones for 15 years and 1,700 shows, I felt it was time to tell my story," says Marky (whose real name is Marc Bell).

For Bell, that story is being told in a new memoir aptly titled, *Punk Rock Blitzkrieg: My Life as a Ramone*. Bell admittedly pulls no punches in the book, which he wrote with author Rich Herschlag.

"It is the most comprehensive book out there about the band," says Bell.

Readers can expect a fly-on-the-wall take of what it was like to be alongside the Ramones during the height of the cult phenomenon known as punk rock. The book covers everything from hanging out with other punk luminaries at the legendary CBGBs, to observing the famously tense relationship between Joey and Johnny Ramone.

"The book reads a little like fiction and a little like a travel log," says Herschlag, who compares the feel of the memoir to Jack Kerouac's *On the Road*. "We wanted to make people feel like they were there."

According to Herschlag,



Marky Ramone opens up about his new memoir, *Punk Rock Blitzkrieg*. CONTRIBUTED

the book provides a more intimate snapshot of the band. For example, the fact that Joey Ramone had obsessive-compulsive disorder is no secret. But few know the extent to which his OCD affected the band as a whole. Herschlag recalls one story from the book where Bell talks about Joey's compulsive need to tap things.

"After their 1980 album *End of the Century*, they flew to England, and (Joey) wouldn't get off the plane because he wanted to fly back to tap something in

New York," says Herschlag.

Other times, the band would be late for gigs because of Joey's need to run across the street to tap a curb. According to Herschlag, this only fueled the palpable tension between Johnny and Joey.

Personal rivalries aside, the book also takes a hard look at Bell's battle with alcoholism, which ultimately led to his departure from the band for four years during the '80s. Herschlag says that Bell's journey to sobriety was a powerful one.



Johnny's apartment. "It became known, even before they released an album, that there was this rock band in our building."

The fact that Herschlag landed a gig co-writing Marky Ramone's memoir decades later was completely serendipitous. Either way, he's thrilled to be bringing Bell's stories to life. There are even talks of an in-the-works reality show that would document what the aging punk rocker's everyday life is like these days.

After disbanding in 1996, the Ramones were later inducted into the Rock and Roll Hall of Fame in 2002. The punk pioneers also received a Grammy Lifetime Achievement Award in 2011. Today Bell serves as a global ambassador for punk rock with his band, Marky Ramone's Blitzkrieg. The group travels everywhere from Russia to Vietnam playing Ramones songs to a new generation of loyal fans.

"I'm the last link to the last four (Ramones)," says Bell. "My aim is to continue to play the music live because I feel the songs are too good not to be played."

2
SCENE



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METRO'S TAKE ON
THE WORLD OF
CELEBRITIES

Justin Bieber ALL PHOTOS GETTY IMAGES

Jenner drops
home school
for her career

Apparently, one of the perks of being home-schooled is you can just up and quit it without the local government getting persnickety.

That's exactly what Kylie Jenner, the youngest and most vulnerable of the Jenner-Kardashian brood, did, insisting that getting an education was too much of a distraction.

"Kylie quit home-schooling a few months ago. She told her mom it was getting 'in the way' of her career, and that she wanted to focus her energies on building her personal brand and making money," a source tells Life & Style of the 17-year-old.

And apparently mom and manager Kris Jenner "gave in," which makes sense since she's totally into the whole "building a personal brand and making money" thing.

Kris, in fact, "feels the girls are smart and savvy and they don't need a piece of paper to show that."

Well, as long as she's feeling it, who are we to judge?



Kylie Jenner

Won't roasting Justin Bieber
just be a typical day for him?

When Comedy Central took over roasting duties from the Friars Club, it kept the original spirit of lampooning legends toward the end of their careers. Well, they're putting that tradition behind them with the announced roast of: Justin Bieber. Hoo boy.

"Justin has been asking us for a few years to roast him, and we just kept telling him to go create more source material first. We're thrilled he listened," says Comedy Central exec Kent Alterman.

Of course, maybe they were just wait-

ing until he could (legally) get liquored up for the televised take-down, as the roast will take place shortly after his 21st birthday.

But this all begs the question: Isn't roasting Bieber redundant, considering any and all coverage of him over the past few years?

Don't tell Kim Jong-un:
The Interview is on Netflix

Well, that was fast. If your biggest complaint about The Interview coming to VOD right away at Christmas was you didn't want to pay to watch it in your home, you're in luck — as long as you're a Netflix subscriber.

The controversial film that nearly

James Franco and Seth Rogen in The Interview

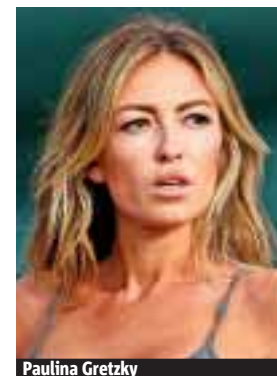


destroyed Sony is coming to the streaming service this weekend. The film has raked in more than \$40 million in digital sales in the past month plus \$6 million from its very limited theatrical run. That pushes its gross return past its \$44-million production budget, but just barely.

The Great One is a grandpa
as Paulina and her fiancé
welcome a baby boy

Paulina Gretzky gave birth to a son on Monday. Her fiancé, PGA golfer Dustin Johnson, released a statement saying, "Paulina and I are happy to announce the arrival of our baby boy, who was born in Los Angeles on Monday morning. Both Paulina and the baby are healthy, resting comfortably and in great spirits! We sincerely appreciate the outpouring of love and support we have received and plan to release further details in the coming days!"

No word on the name, but perhaps



Paulina Gretzky

that's part of the "further details."

The pregnancy was announced in September.

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The fashion show must go on

Style. Canadian Fashion Police panellist Brad Goreski dishes on style, the stars and his newest TV gig

Long before he was dressing celebrities for the red carpet, Canadian stylist Brad Goreski credits trail-blazing homegrown series Fashion Television and host Jeanne Beker for helping nurture his budding interest in style.

"When I was a kid watching TV every Sunday night, my dad would kind of cringe when he heard the theme song of Fashion TV come on, but I watched it religiously," recalled Goreski of the now-defunct series which aired for 27 years.

"She was really my window into the world of fashion. I learned so much from her and for her dedication to reporting the latest in fashion, getting right to the designer, asking them the important questions. That was really the beginning."

The Port Perry, Ont., native said his family was also a key source of support, as he recalled wearing "crazy outfits" to school and being obsessed with fashion magazines.

"Growing up in a small town and encouraged to be who I was and to really cultivate those skills and not try to shut them down has led me to be able to do the things that I've become very successful at — and that, to me, is such a gift," said Goreski.

Goreski has styled notable leading ladies including Jessica Alba, Noomi Rapace, Christina Ricci and Demi Moore. At the recent Golden Globes, he styled Downton Abbey star and best supporting actress winner Joanne Froggatt in a strapless, embellished Marchesa gown, and also dressed actress Jenna

One stylish set



A little Goreski goes a long way

Goreski says he sees Fashion Police as a prime opportunity to combine his expertise as a stylist and knowledge acquired over years in fashion with his love of entertainment. He also seeks to share insight with viewers about why he sees a particular look as a hit or miss.

"I know how much work goes into getting a celebrity ready for the red carpet, and so I never really want to come off as being hypercritical ... just saying: 'The look doesn't look great.' ...

"That's what I hope I can bring every week: lots of humour and lots of fun, but also maybe help people see things and actually develop a critical eye as opposed to just saying: 'Oh, I thought she looked terrible.'"

Dewan Tatum (wife of Fox-catcher star Channing Tatum) in a buttery yellow Carolina Herrera creation.

The Los Angeles-based

Goreski is now adding fashion critique to his repertoire, dishing on and dissecting celebrity style as the newest panellist on Fashion Police, which airs

Mondays at 9 p.m. ET on E! Goreski and new show host Kathy Griffin join series vets Kelly Osbourne and Giuliana

Quoted

"The heart of the show and the legacy Joan put in place is still there. We want to honour that, but we also want to bring a fresh perspective."

Brad Goreski on the late Joan Rivers

Rancic on the four-member panel.

A recent episode devoted to assessing styles from the Golden Globe Awards was the first since the death of host Joan Rivers last September at age 81 following complications from surgery.

Goreski said this season will feature 17 episodes and will mostly be built around red-carpet events like the upcoming Screen Actors Guild Awards, Grammys and Oscars. He said they also plan to bring back past segments that fans love in addition to introducing new ones into the mix.

"The heart of the show and the legacy Joan put in place is still there. We want to honour that, but we also want to bring a fresh perspective," said Goreski.

"The show must go on, and I think that people can still expect very honest commentary and critique of what's happening on the red carpet. Lots of laughs."

THE CANADIAN PRESS

Canadian street style

Name: Bianca

Age: 22

Occupation: Co-founder/designer at Kastor & Pollux

What she's wearing

Joe fresh hat, H&M sweater, Le Chateau coat, Forever 21



skirt, Miista boots.

Her inspiration

"My inspiration comes from everything going on around me!"

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Trends Report

A lash glue with natural ingredients

Finding cosmetics that are both natural and safe is a difficult task, and Emily Lyons can attest to that. The Toronto-based owner of a media agency says she often hears models complaining of swollen eyes and eye lids, and was disgusted to discover the lash glue they were using contained

the chemical formaldehyde. "A lot of the ingredients in these glues are actual confirmed carcinogens that are being applied to your eye," she says.

Being a proponent of healthy living, Lyons and a friend in the modeling industry searched for better lash glue on the market but were left dis-

appointed. She eventually found a team of chemists who were willing to take on the challenge to help her, and after a year of research and development, True Glue was completed.

The Canadian-made adhesive was launched in December 2014, and can be purchased online at trueglue.com at a cost of \$9.99 for a small tube, \$14.99 for a medium tube and \$24.99 for a large tube.

FOLLOW TRENDS REPORT COLUMNIST IRENE KUAN ON TWITTER: @METROIRENEK AND ON INSTAGRAM: @KUANIRENE



3
THE

PATRIOTIC PARKAS



It's only fitting that we should make it through a Canadian winter by bundling up in Canadian-designed coats. And plenty of homegrown parka-makers are here to help us out



MELISSA DUNNE
for Metro

Parkas made in the Great White North are currently hotter than a fresh cup of joe from Tim Hortons.

On a bone-chilling afternoon a line of cars waits to park at high-end lifestyle retailer Sporting Life. Inside, most shoppers make a beeline for the racks of Canada Goose parkas. Rival made-in-Canada brands like Moose Knuckles also attract interest. Many customers will eventually get in line to shell out hundreds (and sometimes north of \$1,000) for a down-filled coat.

Despite the hefty price tags everyone from students to seniors has bought in.

So have retailers. At Sporting Life, Canada Goose products are always front-and-centre at its downtown Toronto store, even in the middle of July. The Ontario chain has recently grown and is set to expand west to Calgary next year.

Canada Goose, which started in 1957, has taken celebrating Canadian connections to new heights. Our country is in its name and a map of the Arctic is on its logo. The brand may have finally hit peak Canadian earlier this season when it teamed up for a second time with Drake for a capsule collection.

Branding parkas as symbols of Canadiana chic has paid off. Canada Goose has opened a new 96,000-square-foot factory in Toronto, doub-

ling its previous production capacity, and it expanded its Winnipeg facility last fall.

"In terms of cold weather apparel, we are a world leader," says Marilyn McNeil-Morin, chair of the School of Fashion Studies at George Brown College.

We Canucks are known for knowing how to stay warm in cold climates. Centuries before Canada Goose hit it big, Canadian companies such as Hudson's Bay Company were famous for selling furs, McNeil-Morin points out.

These days most of the winter gear we buy, from toques to coats to boots, is made somewhere else. Buying parkas actually still made in our home and native land is an easy way to show others the depth of our true patriot love.

"We like supporting local jobs and our manufacturing economy," adds McNeil-Morin.

The fashion expert also notes that the quality of coats made here is usually higher than those made overseas.

We are clearly buying the Buy Canada message.

You can't hit the ice rink or the coffee shop without seeing a sea of red-and-white logos. The ubiquity has bred a backlash. Activists have called the parka-makers that use real fur and feathers "cruel." And some of us would rather shiver than wear what everyone else is wearing.

Upstarts have cropped up for the hipster set looking for a homegrown alternative. More subtle brands like OSC Cross have obviously taken a few pages from the Canada Goose patriotic playbook. OSC has named many of its coats after some of our cities and towns, such as the St. John's coat.

Parkas made at home are now both "cool and practical," says McNeil-Morin. What could be more Canadian than that, eh?

6 other games in town



Johnny Yiu

Johnny Yiu started in 2004. Its parkas are made in Toronto. The women's Adalyn parka is \$880 and is filled with goose down. At select retailers and johnnyyiui.com.



Cold Manufactured (CMFR)

CMFR started in 2010. Its parkas are made in Winnipeg. The men's Gormley parka is \$795 and filled with white duck. At select Sporting Life stores. Find other retailers at cmfrcanada.com.



OSC Cross

OSC Cross grew out of the Outdoor Survival Canada brand in 2012. Its parkas are made in Toronto. The men's St. John's parka is \$670 and contains goose and duck down. At select retailers and osccross.com.



The Wild North

The Wild North started in 2014. Its parkas are made in Oakville, Ont. The women's Lila parka is \$900 and made mainly of wool and filled with down. At Deluxe Boutique in Toronto and thewildnorthapparel.com.



Quartz Nature

Quartz Nature started in 1997. Its parkas are made in Saint-Hyacinthe, Que. The women's Éliane parka is \$699 and is filled with Canadian down. Find retailers or buy online at quartznature.com.



Moose Knuckles

Moose Knuckles started in 2007. Its parkas are made in Winnipeg. The women's Stirling parka is \$795 and contains down insulation. At select Sporting Life stores. Find other retailers at mooseknucklescanada.com.

Made for Antarctica

-30C+

Canada Goose's Expedition parka was originally developed for scientists working in research facilities at McMurdo station in Antarctica. It is field tested for the coldest places on Earth, according to its website.

Pull out all the stops with these gems

Now that holiday decor is gone, I feel the need to bring a fresh sparkle to my place. Sometimes the easiest way to change the look of a kitchen cabinet, bedroom dresser or dressing room drawer is to add fashionable jewellery of the hardware kind. It's an inexpensive way to give new life to an old piece of furniture or boring cupboard doors. These jewel-like knobs gleam with possibilities.



DESIGN CENTRE
Karl Lohnes
home@metronews.ca



Crystal clear

Look into your crystal ball. Amerock's Vintage Crystal/Brass Knob, \$16.50 special order, HomeDepot.ca

Double agate

Two halves work together. Agate & Brass Cabinet Pulls, \$49/set of 2, WestElm.com



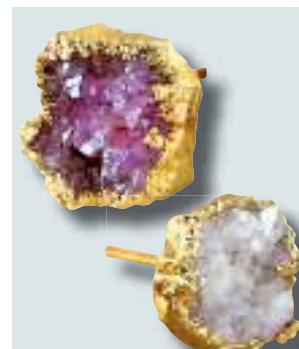
Amber alert

Traditional Amber Glass Knob, \$15, RestorationHardware.com



Bolt from the blue

Water blue in a modern square shape. Square-Cut Glass Knob, \$5, UrbanOutfitters.com



Jagged little pull

No two are exactly the same. Crown Quartz Knob, \$24 each, Anthropologie.com

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Fish and chips has some competition

Lunch. This Salt-and-Pepper Squid and Chips recipe is a unique alternative to traditional haddock or cod

1. Preheat the oven to 160 C.

2. Dry-roast the chilli, peppercorns and Szechuan pepper with 2 tablespoons of sea salt in a wok over medium heat for 2-3 minutes until fragrant. Grind to a powder in a spice grinder or mortar and pestle. Place in a bowl with the flour and mix well. Set aside.

3. Cut the tentacles away from the squid tubes, discarding beak. Open out the tubes and clean, then lightly score the insides of the tubes in a criss-cross pattern. Cut into bite-sized pieces.

4. Half-fill a wok or deep-fryer with oil and heat to 160 C. Fry the chips in the oil for 2 minutes until almost cooked, then remove and drain on paper towel. Toss the chips in half the

Ingredients

- 1 tbsp dried chilli flakes
- 1 tbs whole black peppercorns
- 1 tbs Szechuan peppercorns (available from Asian food shops)
- Seasalt
- 3/4 cup (100 g) rice flour
- 1 kg small squid
- Peanut oil, to deep-fry
- 3 large potatoes (about 800 g), peeled, cut into matchsticks (a mandoline is ideal for this)
- Lime wedges and aioli* (garlic mayonnaise, which is available at selected supermarkets and delis), to serve

TOTAL TIME
ABOUT 20 MINUTES



This recipe serves four. BRETT STEVENS

flour mixture and set aside.

5. Increase oil to 190 C. Toss

the squid tubes and tentacles in remaining flour mixture and shake off excess. Fry, in

batches, for 2 minutes until crisp and golden. Drain well and keep warm in the oven

while you finish the chips. Return the chips to the oil for a further 1-2 minutes

Cookbook of the Week

Make it snappy!

delicious.
quick smart cook



While you may not always want to judge a book by its cover, this time go right ahead. True to its cover and title, Quick Smart Cook by Valli Little is packed with ideas when you're short on time and dishes that help to reduce the stress of entertaining.

The book features 120 recipes and photography in an easy-to-follow format. Whether you're a novice looking for easy techniques or a seasoned cook seeking new ideas, the book will help to inspire your culinary repertoire.

Among the recipes are Panzanella Salad, Thai Lobster Curry, Maple-Glazed Duck, Moroccan Cottage Pie, Carrot Cake and Swedish Apple Cake. **METRO**

until crisp and golden, then drain well.

6. Serve the salt-and-pepper squid and chips with lime wedges and aioli.

BOTH RECIPES FROM QUICK SMART COOK BY VALLI LITTLE. PUBLISHED IN CANADA BY HARPERCOLLINS. ALL RIGHTS RESERVED.



This recipe serves four people. BRETT STEVENS

Lunch. Strawberry and Brie Sandwiches

1. Use half the butter to spread on the brioche slices. Spread the unbuttered sides of 4 slices with jam, then cov-

er with the strawberry slices and brie. Top with the remaining brioche, unbuttered-side down, then sprinkle the sandwiches all over with the caster sugar.

Ingredients

- 40 g unsalted butter
- 8 slices brioche
- 50 g strawberry jam
- 250 g strawberries, hulled, sliced
- 175 g chilled brie, sliced 1cm-thick
- 1-2 tbsp caster sugar
- Icing sugar, to dust

2. Melt the remaining butter in a frying pan over medium heat. Add two sandwiches and cook for 1-2 minutes each side, pressing down gently with a spatula, until the bread is golden and the brie has melted. Keep warm while you cook the remaining sandwiches, then serve dusted with icing sugar.

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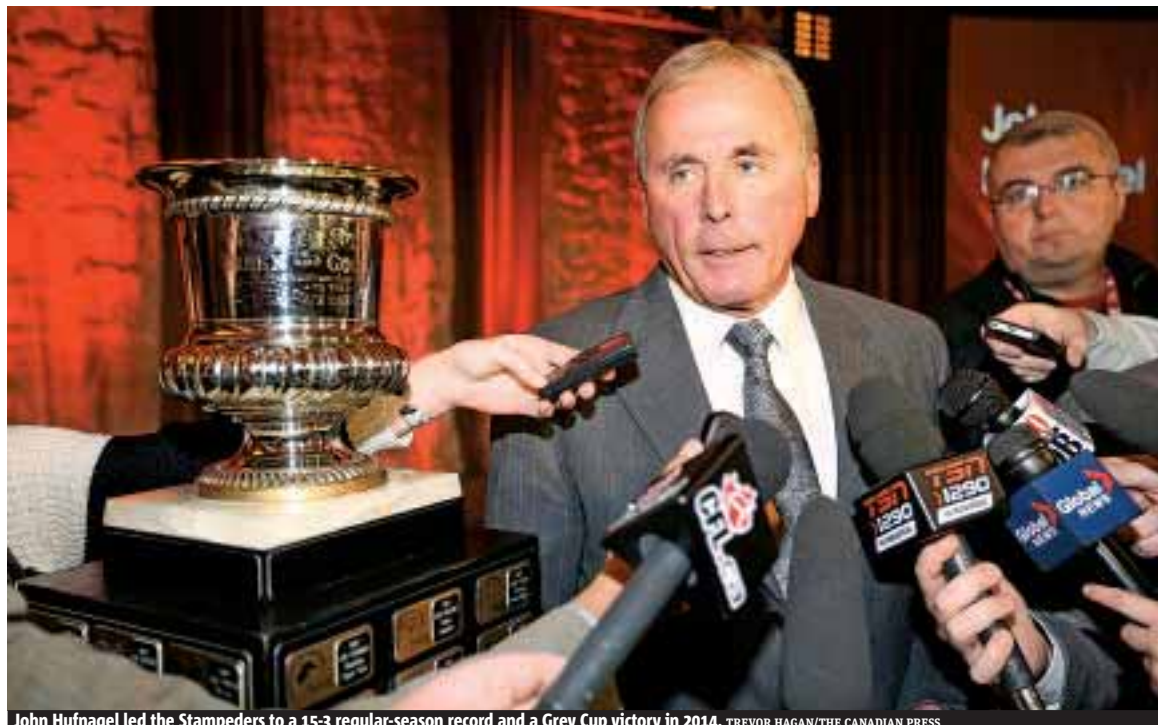
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John Hufnagel led the Stampeders to a 15-3 regular-season record and a Grey Cup victory in 2014. TREVOR HAGAN/THE CANADIAN PRESS

Hufnagel claims 2nd Annis Stukus Trophy

CFL. Sixty-three-year-old named coach of the year in his second-last season before handing reins over to protege

John Hufnagel is about to take a well-deserved vacation.

The Calgary Stampeders head coach/GM followed up his team's 2014 Grey Cup championship by being named the CFL's coach of the year on Wednesday.

"I have to go to work (Thursday) but the day after I'm heading on a plane to go across the ocean for a week. So I'll be sipping a mai tai," he said of his Hawaiian holiday.

Hufnagel, 63, earned his second Annis Stukus Trophy after leading Calgary to a CFL-best 15-3 regular-season record. The franchise then claimed its seventh championship with a 20-16 Grey Cup victory over the Hamilton Tiger-Cats at BC Place Stadium.

Tom Higgins of the Montreal Alouettes and Chris Jones of the Edmonton Eskimos were

the finalists. Hufnagel received 43 first-place votes on the 65 ballots cast by members of the Football Reporters of Canada.

Hufnagel's first coach-of-the-year award came in 2008 when he led Calgary to a Grey Cup title in his first season back with the club. The Stampeders lost the 100th Grey Cup game to the Toronto Argonauts in 2012.

Hufnagel has one more season to try to claim a third Annis Stukus Trophy. He'll return to the sidelines in 2015, then hand the coaching reins over to offensive co-ordinator

Dave Dickenson and focus on his GM duties. On Wednesday, Hufnagel said there was no temptation for him to go out on top after winning the championship.

"This whole thing was an agreement put in place last year to keep Dave in the building," Hufnagel said. "In fact, Dave told me right after the Grey Cup game, he said, 'Now don't do anything stupid.'"

"We have a plan and we will follow through with that plan. I enjoy coaching and so I have one more year to enjoy it."

THE CANADIAN PRESS

Australian Open

Bouchard cruises into third round

Canadian Eugenie Bouchard crushed Kiki Bertens of the Netherlands 6-0, 6-3 on Wednesday to reach the third round of the Australian Open for a second straight year.

The seventh seed from Westmount, Que., needed just 54 minutes to defeat the 72nd-ranked Bertens in their first career meeting. **THE CANADIAN PRESS**

MLB

Bonds mentoring Rodriguez

Alex Rodriguez is getting hitting tips from Barry Bonds as the New York Yankees third baseman prepares to return from a season-long suspension.

Rodriguez, who turns 40 in July, is sixth on the career list with 654 homers. Bonds leads with 762.

A-Rod admitted six years ago he used banned steroids while with Texas from 2001-03, and he was suspended for last season for violations of baseball's drug agreement and labour contract. **THE ASSOCIATED PRESS**

MLB



"I don't play this game for money, but yet at the same time, when you have an offer like that, it just makes you go, 'Wow.'"

Pitcher Max Scherzer who was introduced in Washington on Wednesday after signing a \$210-million, seven-year contract with the Nationals

Players withdraw artificial turf complaint



FIFA and the Canadian Soccer Association stood their ground against a request for Women's World Cup venues to convert to grass pitches. GETTY IMAGES FILE

The turf war is over, with a group of elite women's players withdrawing its human-rights complaint over artificial turf at this summer's Women's World Cup in Canada.

The women did not exit quietly, however. Their lawyer slammed FIFA and the Canadian Soccer Association, saying both governing bodies had behaved badly in the face of the challenge before the Human Rights Tribunal of Ontario.

Lawyer Hampton Dellinger accused the soccer authorities

2019

Turf will not be an issue at the 2019 women's tournament. France and South Korea, the two countries bidding to host, both plan to play on grass.

of threatening players with suspension, delaying legal tactics and rejecting the players' "undeniably fair settlement offer."

"In the face of such ir-

responsible actions by FIFA and CSA, the players have elected to end their legal fight," Dellinger said in a statement Wednesday. "The players are doing what FIFA and CSA have proven incapable of — putting the sport of soccer first."

The women also said their challenge had made a difference.

The World Cup is scheduled to run June 6 to July 5 in Moncton, Montreal, Ottawa, Winnipeg, Edmonton and Vancouver. **THE CANADIAN PRESS**

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Stuck on 12 Across?
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crossword and Sudoku answers.**
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Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Do not get emotional about money. Yes, of course, it's nice to have enough of the stuff not to have to worry about paying the bills but at the end of the day it's still just coloured paper.

♉ Taurus

April 21 - May 21

A friend may be holding out on you in some way, but is it important? Pretend not to notice. If a small victory makes them happy, let them have it.

♊ Gemini

May 22 - June 21

Someone more experienced than you will take you under their wing and teach you a number of things worth knowing. Amazingly they won't ask for a favour in return.

♋ Cancer

June 22 - July 23

Don't worry if you fall behind in your schedule because you will catch up with ease tomorrow when Saturn compels you to act. It's nice to be on top of your work but it's no big deal if you waste time occasionally.

♌ Leo

July 24 - Aug. 23

Where money matters are concerned push personal feelings to one side and do what's best for your long-term interests.

♍ Virgo

Aug. 24 - Sept. 23

Don't make any hard plans for the next 24 hours because they will change. If a partner insists that you change direction, agree with them. Be flexible.

♎ Libra

Sept. 24 - Oct. 23

If you restrict yourself to one way of completing a task you will get bored and either do a poor job or give up on it. Keep yourself interested by varying your routine.

♏ Scorpio

Oct. 24 - Nov. 22

You won't find it hard to get things done today but try to remember that not everyone is as motivated as you. It gives you an excuse to work on your own, which you prefer.

♐ Sagittarius

Nov. 23 - Dec. 21

You may have a thousand and one issues to deal with but you must still find time to let loved ones know they mean the world to you. Remember, it's not about "me" it's about "us".

♑ Capricorn

Dec. 22 - Jan. 20

No one expects you to be perfect, so why do you expect it of yourself? If you have made some kind of mistake then hold your hand up and admit it.

♒ Aquarius

Jan. 21 - Feb. 19

If you want someone to do you a favour you are going to have to flatter them, even though they don't deserve it. Keep your real thoughts to yourself.

♓ Pisces

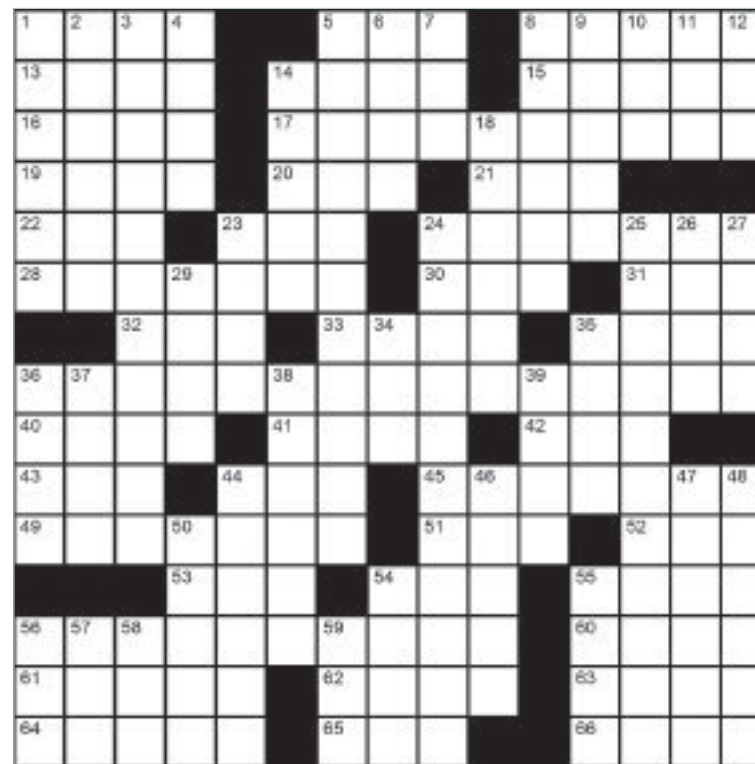
Feb. 20 - March 20

Make it your aim over the next few days to finish something you started a long time ago. You may have to shut yourself away but focus and get it done.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Somewhat, music-ally
5. Puget, e.g.
8. Rapper whose 2007 album 'Epiphany' reached number one
13. German industrial region
14. Hoover Dam lake
15. Convey
16. 'Hypn' suffix
17. Grooming for guys
19. The Who's "___ O'Riley"
20. Wine classifica-tion, with Grand
21. '___' for Richelieu
22. Certain conscious-ness
23. T.O. Raptors home
24. Mount of the Muses
28. German: German
30. 'Fact' finisher
31. Canadian broad-caster Mr. Lewis
32. Angelina Jolie flick
33. Yore
35. The ___ (Hamilton's daily newspaper, commonly)
36. Drama series star-ring Steve Buscemi set during Prohibition-era Atlantic City: 2 wds.
40. "You Can Count ___" (2000)
41. Actor, Michael ___
42. Asleep
43. Adriatic ___
44. Chg. card percent-age
45. Catch



49. Michael ___ (Newfoundland au-thor of current novel Sweetland)
51. Li'l digits
52. Captain's record
53. Mo. after March
54. Ms. Messing, briefly
55. Wound's remnant

56. 1982: Top 40 song for Frank Zappa and his daughter Moon
- Unit: 2 wds.
60. Obscure
61. The Miracles' "You Really Got ___ on Me"
62. Advantage
63. Mr. Redding

64. Expire
65. Mattel product
66. Views

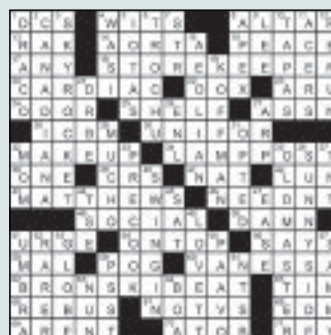
Down

1. Examined
2. Electricity problem
3. City in the Nord-du-Quebec region of La Belle Province

4. Sea wolf
5. Type of rescue operation: 2 wds.
6. Mork's greeting, when doubled
7. Initials-sharers of Rhea Perlman's hubby
8. 1836: The Back-woods of Canada

- author, Catharine Parr ___ (b.1802 - d.1899)
9. Particular pop
 10. Ms. MacGraw
 11. Sir McKellen
 12. NFL team on the East Coast [acronym]
 14. Old Rome's 2300
 18. Make
 23. "Take ___ song..." - The Beatles, "Hey Jude"
 24. Canadian petrol-eum company (with a dog logo) headquar-tered in Calgary: 2 wds.
 25. Ottawa: 2 wds.
 26. Finished
 27. Kind
 29. Lose steam
 34. Calgary, ___
 35. Made the wool
 36. Pear variety
 37. Niner - Eighter = Er, what?
 38. Ontario: Niagara-on-the-Lake establish-ment
 39. Toronto neigh-bourhood, ___ Park
 44. Hold back
 46. Stately
 47. Rock tour profes-sion
 48. Go forth
 50. Retail complexes
 54. "White Flag" songstress
 55. Sandal, for one
 56. ___d'Or, QC
 57. '80s group
 58. Crop
 59. Acquire

Yesterday's Crossword



Online

See today's answers at
metronews.ca/answers



Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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NUMBER OF RUNS: 17



VERTICAL RISE: 229 m
[750 feet]

LONGEST RUN: 2.4 km
[1.5 miles]

SKI TRAILS: 30km



SNOWSHOE TRAILS: 5km

NUMBER OF RUNS: 10



LONGEST RUN: 1.6 km
[1 mile]

VERTICAL RISE: 145 m
[475 feet]

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